

27-30 January 2022 **2022 Gauteng Powerlifting Championships**

CLASSIC POWERLIFTING WOMEN	Name	Team	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best Lifters	Place	IPF GL Points	Qual for SA Raw	Qual for SA EQ
Youth																						
MW	Talitha De Wet	Bull	57,00	Aug-08	60,0	70,0	80,0	80,0	30,0	35,0	37,5	37,5	80,0	95,0	102,5	102,5	220,0		1	51,60	Q	
	Morgan Kemp	Bull	62,50	Nov-08	50,0	60,0	65,0	65,0	27,5	~~-32,5~~	~~-32,5~~	27,5	65,0	75,0	87,5	87,5	180,0		2	39,58	Q	
HW	Gila Smith	2	67,05	Jan-09	80,0	90,0	~~-100,0~~	90,0	45,0	50,0	~~-55,0~~	50,0	110,0	120,0	~~-125,0~~	120,0	260,0	Best Youth	1	54,75	Q	
Subjunior																						
52	Ilana Buck	Bull	51,15	Jan-07	70,0	77,5	82,5	82,5	37,5	42,5	45,0	45,0	85,0	95,0	105,0	105,0	232,5		1	59,55	Q	Q
57	Surina Devnarain	SoS	56,20	May-04	75,0	80,0	85,0	85,0	37,5	40,0	42,5	42,5	80,0	90,0	95,0	95,0	222,5		1	52,75	Q	Q
	Kylie Thomas	SoS	54,20	Apr-06	50,0	55,0	60,0	60,0	35,0	37,5	~~-40,0~~	37,5	65,0	75,0	80,0	80,0	177,5		2	43,30	Q	Q
63	Mijuane De Wet	Bull	62,85	Mar-06	115,0	125,0	132,5	132,5	60,0	65,0	0,0	65,0	120,0	135,0	150,0	150,0	347,5	Best SJ	1	76,14	Q	Q
69	Gaia Mottalini	Yard	68,80	Jan-04	90,0	100,0	110,0	110,0	52,5	60,0	65,0	65,0	100,0	120,0	~~-125,0~~	120,0	295,0		1	61,22	Q	Q
76	Sonam Singh	Ind	74,20	Aug-07	70,0	80,0	90,0	90,0	~~-40,0~~	45,0	~~-52,5~~	45,0	100,0	120,0	135,0	135,0	270,0		1	53,85	Q	Q
84	Gabriella Poxon	Ind	80,10	Sep-04	30,0	40,0	50,0	50,0	30,0	35,0	40,0	40,0	65,0	72,5	85,0	85,0	175,0		1	33,70	Q	Q
Junior																						
57	Alexandra Mundell	Ind	54,60	Mar-99	102,5	110,0	115,0	115,0	67,5	72,5	75,0	75,0	127,5	140,0	147,5	147,5	337,5	Best Junior	1	81,85	Q	Q
	Nicole Hasell	Ind	56,25	Mar-01	107,5	~~-117,5~~	~~-117,5~~	107,5	57,5	62,5	~~-65,0~~	62,5	135,0	~~-142,5~~	~~-145,0~~	135,0	305,0		2	72,26	Q	Q
	Aimee Grefen	Bull	54,75	Apr-03	80,0	90,0	100,0	100,0	37,5	42,5	47,5	47,5	100,0	115,0	125,0	125,0	272,5		3	65,94	Q	Q
	Luca Du Toit	Ind	54,60	Nov-00	80,0	100,0	110,0	110,0	30,0	40,0	~~-45,0~~	40,0	80,0	100,0	110,0	110,0	260,0		4	63,05	Q	Q
69	Caitlin Poxon	1610	67,30	Jun-00	105,0	112,5	120,0	120,0	57,5	62,5	65,0	65,0	110,0	120,0	130,0	130,0	315,0		1	66,19	Q	Q
84+	Karin Du Plessis	1610	98,80	Sep-00	105,0	115,0	125,0	125,0	55,0	62,5	67,5	67,5	100,0	115,0	130,0	130,0	322,5		1	57,71	Q	Q
Open																						
47	Firdaus Cassim	Ind	46,40	Mar-95	~~-60,0~~	~~-60,0~~	60,0	60,0	25,0	27,5	~~-30,0~~	27,5	~~-70,0~~	70,0	82,5	82,5	170,0		1	47,73	Q	
52	Giulia Muto	Bull	51,75	Jun-87	110,0	~~-120,0~~	~~-120,0~~	110,0	65,0	70,0	0,0	70,0	115,0	125,0	132,5	132,5	312,5		1	79,24	Q	Q
	Alexa Pentopoulos	Bull	50,95	Dec-94	90,0	100,0	105,0	105,0	40,0	45,0	50,0	50,0	95,0	105,0	112,5	112,5	267,5		2	68,76	Q	Q
	Ilana Buck	Bull	51,15	Jan-07	70,0	77,5	82,5	82,5	37,5	42,5	45,0	45,0	85,0	95,0	105,0	105,0	232,5		3	59,55	Q	Q
57	Alexandra Mundell	Ind	54,60	Mar-99	102,5	110,0	115,0	115,0	67,5	72,5	75,0	75,0	127,5	140,0	147,5	147,5	337,5		1	81,85	Q	Q
	Nicole Hasell	Ind	56,25	Mar-01	107,5	~~-117,5~~	~~-117,5~~	107,5	57,5	62,5	~~-65,0~~	62,5	135,0	~~-142,5~~	~~-145,0~~	135,0	305,0		2	72,26	Q	Q
	Aimee Grefen	Bull	54,75	Apr-03	80,0	90,0	100,0	100,0	37,5	42,5	47,5	47,5	100,0	115,0	125,0	125,0	272,5		3	65,94	Q	Q
	Andrea Ferreira	Bar	55,95	May-92	80,0	90,0	100,0	100,0	40,0	0,0		40,0	100,0	110,0	120,0	120,0	260,0		4	61,86	Q	Q
	Luca Du Toit	Ind	56,25	Nov-00	80,0	100,0	110,0	110,0	30,0	40,0	~~-45,0~~	40,0	80,0	100,0	110,0	110,0	260,0		5	61,60	Q	Q
	Giovanna Winetzki	Bar	54,50	Jul-92	70,0	80,0	85,0	85,0	35,0	0,0		35,0	100,0	110,0	~~-120,0~~	110,0	230,0		6	55,86	Q	Q
	Surina Devnarain	SoS	56,20	May-04	75,0	80,0	85,0	85,0	37,5	40,0	42,5	42,5	80,0	90,0	95,0	95,0	222,5		7	52,75	Q	Q
	Dom De Gouveia	Yard	56,25	Oct-91	70,0	80,0	0,0	80,0	40,0	45,0	50,0	50,0	80,0	90,0	0,0	90,0	220,0		8	52,12	Q	
	Carol Anthony	SoS	55,30	May-66	60,0	0,0		60,0	35,0	0,0		35,0	105,0	0,0		105,0	200,0		9	48,02	Q	
	Kylie Thomas	SoS	54,20	Apr-06	50,0	55,0	60,0	60,0	35,0	37,5	~~-40,0~~	37,5	65,0	75,0	80,0	80,0	177,5		10	43,30		

63	Daniella Da Silva	Bull	58,65	Feb-97	110,0	120,0	130,0	130,0	55,0	60,0	-65,0	60,0	130,0	145,0	160,0	160,0	350,0		1	80,40	Q	Q
	Mijuane De Wet	Bull	62,85	Mar-06	115,0	125,0	132,5	132,5	60,0	65,0	0,0	65,0	120,0	135,0	150,0	150,0	347,5		2	76,14	Q	Q
	Nicole Cupp	Bull	62,30	Jul-92	100,0	110,0	115,0	115,0	60,0	65,0	-67,5	65,0	130,0	145,0	155,0	155,0	335,0		3	73,83	Q	Q
	Chevonne Roos	Yard	60,00	Jan-94	110,0	120,0	127,5	127,5	57,5	65,0	70,0	70,0	115,0	130,0	-140,0	130,0	327,5		4	74,03	Q	Q
	Antoinette Kriel	Bar	57,20	Sep-71	80,0	0,0		80,0	70,0	80,0	87,5	87,5	110,0	0,0		110,0	277,5		5	64,92	Q	Q
	Marieke Van Linge	Bull	61,65	Dec-72	75,0	82,5	87,5	87,5	40,0	42,5	-45,0	42,5	95,0	110,0	117,5	117,5	247,5		6	54,92	Q	Q
	Stephanie Carter	Yard	61,90	Apr-89	50,0	60,0	65,0	65,0	55,0	60,0	65,0	65,0	80,0	90,0	100,0	100,0	230,0		7	50,90	Q	
	Caroline Wolf	1610	59,20	Apr-79	75,0	80,0	85,0	85,0	37,5	40,0	42,5	42,5	80,0	90,0	95,0	95,0	222,5		8	50,77	Q	
	Annemie Van Wyk	1610	61,50	Apr-86	60,0	-65,0	65,0	65,0	37,5	42,5	-45,0	42,5	85,0	92,5	97,5	97,5	205,0		9	45,57		
Amelia Krishna	Ind	62,20	Jun-92	110,0	127,5	-135,0	127,5	-50,0	-55,0	-55,0	0,0	140,0	0,0		140,0	0,0			0,00			
69	Laura De Wet	Bull	67,35	Nov-74	125,0	135,0	140,0	140,0	67,5	72,5	75,0	75,0	150,0	170,0	180,0	180,0	395,0	Best Open	1	82,97	Q	Q
	Amanda Meyer	Ind	67,15	Dec-80	122,5	130,0	135,0	135,0	72,5	-77,5	-77,5	72,5	145,0	152,5	157,5	157,5	365,0		2	76,80	Q	Q
	Kimberley Beyl	Ind	67,05	Dec-93	100,0	110,0	117,5	117,5	55,0	60,0	62,5	62,5	140,0	152,5	160,0	160,0	340,0		3	71,60	Q	Q
	Dominique Smith	Bull	67,25	Jun-93	100,0	110,0	117,5	117,5	60,0	-65,0	-65,0	60,0	140,0	150,0	-160,0	150,0	327,5		4	68,85	Q	Q
	Kristl-Joy Kannemeyer	Ind	64,75	Oct-83	110,0	-115,0	115,0	115,0	60,0	-67,5	67,5	67,5	120,0	132,5	-140,0	132,5	315,0		5	67,74	Q	Q
	Caitlin Poxon	1610	67,30	Jun-00	105,0	112,5	120,0	120,0	57,5	62,5	65,0	65,0	110,0	120,0	130,0	130,0	315,0		6	66,19	Q	Q
	Gaia Mottalini	Yard	68,80	Jan-04	90,0	100,0	110,0	110,0	52,5	60,0	65,0	65,0	100,0	120,0	-125,0	120,0	295,0		7	61,22	Q	Q
	Liza Jansen	SoS	65,65	Dec-86	70,0	75,0	80,0	80,0	37,5	42,5	45,0	45,0	90,0	100,0	107,5	107,5	232,5		8	49,58	Q	
	Gaenor Wolf	1610	67,75	May-76	60,0	65,0	70,0	70,0	35,0	40,0	-42,5	40,0	100,0	110,0	115,0	115,0	225,0		9	47,10		
76	Olivia Perotti	1610	73,90	Jan-89	140,0	147,5	-152,5	147,5	65,0	67,5	70,0	70,0	145,0	155,0	-162,5	155,0	372,5		1	74,44	Q	Q
	Zanele Nqwanya	1610	74,95	Mar-79	110,0	117,5	125,0	125,0	60,0	62,5	-65,0	62,5	140,0	150,0	155,0	155,0	342,5		2	67,98	Q	Q
	Chantelle Du Toit	1610	75,50	Jul-85	75,0	85,0	95,0	95,0	65,0	70,0	75,0	75,0	100,0	120,0	132,5	132,5	302,5		3	59,83	Q	Q
	Monica Longhurst	Chaos	72,50	Jul-80	-100,0	105,0	110,0	110,0	62,5	70,0	75,0	75,0	100,0	110,0	115,0	115,0	300,0		4	60,53	Q	Q
	Sonam Singh	Ind	74,20	Aug-07	70,0	80,0	90,0	90,0	-40,0	45,0	-52,5	45,0	100,0	120,0	135,0	135,0	270,0		5	53,85	Q	
	Laurika Bester	1610	74,75	Dec-88	75,0	82,5	-87,5	82,5	45,0	50,0	-52,5	50,0	90,0	102,5	107,5	107,5	240,0		6	47,69		
84	Elmarie van Rheede van Oudtshoorn	Bull	82,55	Aug-85	125,0	135,0	140,0	140,0	72,5	77,5	80,0	80,0	165,0	180,0	0,0	180,0	400,0		1	76,06	Q	Q
	Jacqui Rees	Bull	82,95	Mar-80	115,0	120,0	125,0	125,0	65,0	70,0	72,5	72,5	140,0	150,0	160,0	160,0	357,5		2	67,85	Q	Q
	Laura Cramb	1610	78,60	Jan-86	-70,0	70,0	75,0	75,0	40,0	42,5	45,0	45,0	90,0	100,0	110,0	110,0	230,0		3	44,65		
	Sandy Van Der Wel	Ind	78,95	Jul-63	-60,0	60,0	-65,0	60,0	35,0	37,5	-40,0	37,5	80,0	90,0	100,0	100,0	197,5		4	38,27		
	Gabriella Poxon	Ind	80,10	Sep-04	30,0	40,0	50,0	50,0	30,0	35,0	40,0	40,0	65,0	72,5	85,0	85,0	175,0		5	33,70		
84+	Christi Rees	Bull	103,00	Jan-86	140,0	155,0	165,0	165,0	90,0	100,0	105,0	105,0	150,0	160,0	180,0	180,0	450,0		1	79,64	Q	Q
	Morgana Robbertze	SoS	105,60	Jul-80	105,0	117,5	127,5	127,5	70,0	77,5	80,0	80,0	175,0	190,0	202,5	202,5	410,0		2	72,12	Q	Q
	Marina Van Der Linde	SGS	88,20	Jul-83	130,0	140,0	150,0	150,0	62,5	70,0	75,0	75,0	150,0	160,0	170,0	170,0	395,0		3	73,25	Q	Q
	Phokwane Moloale	Bull	88,25	Jan-77	125,0	-135,0	-135,0	125,0	70,0	-75,0	75,0	75,0	130,0	150,0	157,5	157,5	357,5		4	66,28	Q	Q
	Lauren Van Rooyen	Bull	98,90	Oct-93	125,0	-135,0	135,0	135,0	60,0	65,0	70,0	70,0	130,0	150,0	-155,0	150,0	355,0		5	63,50	Q	Q
	Lauren Jones	Ind	100,95	Oct-77	110,0	-120,0	-120,0	110,0	50,0	65,0	-75,0	65,0	120,0	140,0	160,0	160,0	335,0		6	59,60	Q	Q
	Karin Du Plessis	1610	98,80	Sep-00	105,0	115,0	125,0	125,0	55,0	62,5	67,5	67,5	100,0	115,0	130,0	130,0	322,5		7	57,71	Q	Q
	Vleen Serge	Bull	96,00	Jan-86	115,0	-125,0	-125,0	115,0	47,5	52,5	57,5	57,5	120,0	140,0	147,5	147,5	320,0		8	57,73	Q	Q
	Samali Bosa	Bull	92,20	Oct-61	50,0	60,0	65,0	65,0	40,0	45,0	-50,0	45,0	90,0	100,0	105,0	105,0	215,0		9	39,28		
Master 1																						
63	Caroline Wolf	1610	59,20	Apr-79	75,0	80,0	85,0	85,0	37,5	40,0	42,5	42,5	80,0	90,0	95,0	95,0	222,5		1	50,77	Q	Q
69	Laura De Wet	Bull	67,35	Nov-74	125,0	135,0	140,0	140,0	67,5	72,5	75,0	75,0	150,0	170,0	180,0	180,0	395,0	Best M1	1	82,97	Q	Q
	Amanda Meyer	Ind	67,15	Dec-80	122,5	130,0	135,0	135,0	72,5	-77,5	-77,5	72,5	145,0	152,5	157,5	157,5	365,0		2	76,80	Q	Q
	Gaenor Wolf	1610	67,75	May-76	60,0	65,0	70,0	70,0	35,0	40,0	-42,5	40,0	100,0	110,0	115,0	115,0	225,0		3	47,10		

76	Zanele Nqwenya	1610	74,95	Mar-79	110,0	117,5	125,0	125,0	60,0	62,5	-65,0	62,5	140,0	150,0	155,0	155,0	342,5		1	67,98	Q	Q
	Monica Longhurst	Chaos	72,45	Jul-80	-100,0	105,0	110,0	110,0	62,5	70,0	75,0	75,0	100,0	110,0	115,0	115,0	300,0		2	60,55	Q	Q
84	Jacqui Rees	Bull	82,95	Mar-80	115,0	120,0	125,0	125,0	65,0	70,0	72,5	72,5	140,0	150,0	160,0	160,0	357,5		1	67,85	Q	Q
84+	Morgana Robbertze	SoS	105,60	Jul-80	105,0	117,5	127,5	127,5	70,0	77,5	80,0	80,0	175,0	190,0	202,5	202,5	410,0		1	72,12	Q	Q
	Phokwane Moloele	Bull	88,25	Jan-77	125,0	-135,0	-135,0	125,0	70,0	-75,0	75,0	75,0	130,0	150,0	157,5	157,5	357,5		2	66,28	Q	Q
	Lauren Jones	Ind	100,95	Oct-77	110,0	-120,0	-120,0	110,0	50,0	65,0	-75,0	65,0	120,0	140,0	160,0	160,0	335,0		3	59,60	Q	Q
Master 2																						
57	Carol Anthony	SoS	55,30	May-66	60,0	0,0	0,0	60,0	35,0	0,0		35,0	105,0	0,0		105,0	200,0		1	48,02	Q	Q
63	Antoinette Kriel	Bar	57,20	Sep-71	80,0	0,0		80,0	70,0	80,0	87,5	87,5	110,0	0,0		110,0	277,5	Best M2	1	64,92	Q	Q
	Marieke Van Linge	Bull	61,65	Dec-72	75,0	82,5	87,5	87,5	40,0	42,5	-45,0	42,5	95,0	110,0	117,5	117,5	247,5		2	54,92	Q	Q
84	Sandy Van Der Wel	Ind	78,95	Jul-63	-60,0	60,0	-65,0	60,0	35,0	37,5	-40,0	37,5	80,0	90,0	100,0	100,0	197,5		1	38,27	Q	Q
Master 3																						
84+	Samali Bosa	Bull	92,20	Oct-61	50,0	60,0	65,0	65,0	40,0	45,0	-50,0	45,0	90,0	100,0	105,0	105,0	215,0	Best M3	1	39,28	Q	Q
CLASSIC POWERLIFTING MEN																						
	Name	Team	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total		Place	IPF GL Points		
Subjunior																						
59	Rafi Saacks	2	56,95	Oct-05	100,0	110,0	-125,0	110,0	55,0	60,0	-65,0	60,0	155,0	165,0	170,0	170,0	340,0		1	57,34	Q	Q
	Daniel Saacks	2	56,75	Jun-07	90,0	100,0	-105,0	100,0	60,0	65,0	72,5	72,5	145,0	155,0	160,0	160,0	332,5		2	56,18	Q	Q
74	Xander Nel	PP	72,65	Mar-04	140,0	155,0	167,5	167,5	80,0	90,0	-95,0	90,0	165,0	175,0	190,0	190,0	447,5		1	66,33	Q	Q
	Sonu Singh	Ind	73,35	Jul-04	140,0	150,0	155,0	155,0	80,0	90,0	-92,5	90,0	160,0	180,0	202,5	202,5	447,5		2	66,00	Q	Q
	Avishai Eilim	Bull	71,95	May-04	120,0	130,0	140,0	140,0	95,0	100,0	105,0	105,0	157,5	165,0	-170,0	165,0	410,0		3	61,08	Q	Q
	Gabriel Hore	Ind	66,01	Jun-06	107,5	117,5	-127,5	117,5	75,0	82,5	87,5	87,5	120,0	132,5	140,0	140,0	345,0		4	53,78	Q	Q
	Dean Smit	Bull	71,50	Oct-04	-90,0	90,0	100,0	100,0	60,0	65,0	-67,5	65,0	130,0	140,0	150,0	150,0	315,0		5	47,08	Q	Q
83	Izak Kriel	Ind	79,85	Jun-05	-175,0	175,0	-180,0	175,0	-130,0	-135,0	135,0	135,0	180,0	200,0	-205,0	200,0	510,0	Best SJ	1	72,00	Q	Q
	Jonah Carr	Bull	81,10	Mar-05	150,0	167,5	172,5	172,5	100,0	110,0	115,0	115,0	170,0	195,0	-202,5	195,0	482,5		2	67,58	Q	Q
	Daniel Lacob	EMET	78,60	Dec-05	125,0	127,5	132,5	132,5	80,0	82,5	-87,5	82,5	145,0	155,0	-165,0	155,0	370,0		3	52,66	Q	Q
	Benyomin Boshof	2	82,95	Jan-04	85,0	95,0	-105,0	95,0	45,0	52,5	55,0	55,0	145,0	160,0	-175,0	160,0	310,0		4	42,93	Q	Q
93	Jordan Albertyn	Bull	90,65	Apr-04	170,0	185,0	200,0	200,0	90,0	100,0	105,0	105,0	200,0	220,0	235,0	235,0	540,0		1	71,53	Q	Q
	Jean-Pierre Blom	SoS	86,80	Aug-06	150,0	160,0	-167,5	160,0	95,0	100,0	-102,5	100,0	145,0	157,5	167,5	167,5	427,5		2	57,86	Q	Q
	Jeff Du Toit	Ind	91,55	Mar-04	110,0	130,0	150,0	150,0	60,0	70,0	75,0	75,0	140,0	160,0	180,0	180,0	405,0		3	53,39	Q	Q
105	Conor Buck	Bull	102,85	Mar-04	190,0	207,5	212,5	212,5	97,5	107,5	110,0	110,0	210,0	230,0	-245,0	230,0	552,5		1	68,88	Q	Q
	Matthew Mcmenamin	Yard	98,55	Sep-04	150,0	-167,5	175,0	175,0	90,0	97,5	-105,0	97,5	155,0	170,0	190,0	190,0	462,5		2	58,84	Q	Q
	Stephan Jacobsz	Ind	95,35	Apr-05	-100,0	100,0	130,0	130,0	75,0	90,0	0,0	90,0	120,0	140,0	-160,0	140,0	360,0		3	46,53	Q	Q
	Chad Goldberg	2	105,00	Jan-07	80,0	90,0	100,0	100,0	70,0	-75,0	-77,5	70,0	120,0	135,0	-145,0	135,0	305,0		4	37,66	Q	Q
120	Tariq Osman	Bull	115,40	Jan-05	200,0	220,0	230,0	230,0	105,0	-145,0	120,0	120,0	210,0	230,0	-245,0	230,0	580,0		1	68,59	Q	Q
Junior																						
53	Tshepo Mulaudzi	Ind	51,15	Aug-01	70,0	90,0	110,0	110,0	60,0	80,0	-90,0	80,0	100,0	130,0	145,0	145,0	335,0		1	59,85	Q	Q
66	James Mc Ilree	Bull	65,10	Oct-00	130,0	140,0	145,0	145,0	-90,0	90,0	97,5	97,5	160,0	172,5	-182,5	172,5	415,0		1	65,16	Q	Q

74	Wynand Kuhn	Rass	71,65	Feb-99	150,0	165,0	-180,0	165,0		110,0	120,0	-132,5	120,0		200,0	202,5	235,0	235,0	520,0		1	77,63	Q	Q
	Karabo Manamela	Ind	73,15	Dec-99	-160,0	160,0	180,0	180,0		100,0	110,0	120,0	120,0		200,0	220,0	-225,0	220,0	520,0		2	76,80	Q	Q
	Sechaba Mashinini	1610	72,50	May-03	145,0	157,5	170,0	170,0		92,5	97,5	102,5	102,5		175,0	190,0	-200,0	190,0	462,5		3	68,63	Q	Q
	Nardus Snyman	Ind	72,95	Mar-03	130,0	-140,0	140,0	140,0		70,0	75,0	80,0	80,0		-140,0	150,0	170,0	170,0	390,0		4	57,68	Q	Q
83	Arno Nieuwenhuizen	Bull	82,65	Dec-99	210,0	-230,0	230,0	230,0		120,0	130,0	0,0	130,0		260,0	280,0	0,0	280,0	640,0	Best Junior	1	88,78	Q	Q
	Luqmaan Abed	Ind	82,65	Nov-99	185,0	-195,0	197,5	197,5		125,0	132,5	-135,0	132,5		245,0	255,0	262,5	262,5	592,5		2	82,19	Q	Q
	Grant O'Donoghue	1610	82,05	Aug-99	190,0	200,0	205,0	205,0		110,0	115,0	117,5	117,5		225,0	235,0	242,5	242,5	565,0		3	78,67	Q	Q
	Michael Huisamen	Bull	79,70	May-01	170,0	180,0	-190,0	180,0		110,0	120,0	130,0	130,0		200,0	220,0	240,0	240,0	550,0		4	77,72	Q	Q
	Tyler Osborn	Ind	79,30	Apr-99	172,5	185,0	192,5	192,5		120,0	-130,0	130,0	130,0		200,0	-215,0	220,0	220,0	542,5		5	76,86	Q	Q
	Tyron Hore	Ind	77,10	Dec-03	-165,0	165,0	175,0	175,0		85,0	95,0	100,0	100,0		177,5	192,5	200,0	200,0	475,0		6	68,27	Q	Q
	Connor Reynolds	1610	74,30	Oct-03	120,0	130,0	140,0	140,0		75,0	-85,0	85,0	85,0		170,0	180,0	185,0	185,0	410,0		7	60,07	Q	Q
93	Daniel Duke	Bull	92,60	Jul-00	170,0	185,0	190,0	190,0		150,0	160,0	-165,0	160,0		190,0	205,0	225,0	225,0	575,0		1	75,38	Q	Q
	Ross O'Donoghue	1610	90,50	Jun-01	140,0	155,0	165,0	165,0		105,0	112,5	117,5	117,5		200,0	215,0	220,0	220,0	502,5		2	66,62	Q	Q
	Gaurav Lall	Ind	87,85	Apr-00	160,0	180,0	-190,0	180,0		100,0	110,0	-115,0	110,0		180,0	200,0	-220,0	200,0	490,0		3	65,93	Q	Q
105	Liam Karovsky	Bull	98,20	Nov-01	200,0	215,0	230,0	230,0		120,0	130,0	140,0	140,0		240,0	260,0	-280,0	260,0	630,0		1	80,28	Q	Q
	Josh Sass	EMET	105,00	Jun-03	160,0	180,0	-195,0	180,0		-115,0	115,0	-117,5	115,0		220,0	230,0	-240,0	230,0	525,0		2	64,82	Q	Q
	Neal Goosen	Ind	100,70	Jan-03	165,0	175,0	180,0	180,0		100,0	102,5	105,0	105,0		175,0	185,0	195,0	195,0	480,0		3	60,44	Q	Q
	Lucas Kleiner	1610	103,25	Dec-03	130,0	145,0	155,0	155,0		80,0	92,5	100,0	100,0		170,0	185,0	-195,0	185,0	440,0		4	54,75	Q	Q
120	Jordan Kaplan	SoS	111,80	Sep-00	190,0	205,0	-210,0	205,0		110,0	117,5	122,5	122,5		200,0	212,5	220,0	220,0	547,5		1	65,68	Q	Q
Open																								
59	Tshepo Mulaudzi	Ind	51,15	Aug-01	70,0	90,0	110,0	110,0		60,0	80,0	-90,0	80,0		100,0	130,0	145,0	145,0	335,0		1	59,85		
	Rafi Saacks	2	56,95	Oct-05	100,0	110,0	-125,0	110,0		55,0	60,0	-65,0	60,0		155,0	165,0	170,0	170,0	340,0		1	57,34		
	Daniel Saacks	2	56,75	Jun-07	90,0	100,0	-105,0	100,0		60,0	65,0		72,5		145,0	155,0	160,0	160,0	332,5		2	56,18		
66	James Mc Ilree	Bull	65,10	Oct-00	130,0	140,0	145,0	145,0		-90,0	90,0	97,5	97,5		160,0	172,5	-182,5	172,5	415,0		1	65,16	Q	
74	Ruben Van Der Linde	Rass	73,00	Dec-98	180,0	200,0	215,0	215,0		105,0	115,0	122,5	122,5		200,0	220,0	235,0	235,0	572,5		1	84,64	Q	Q
	Wynand Kuhn	Rass	71,65	Feb-99	150,0	165,0	-180,0	165,0		110,0	120,0	-132,5	120,0		200,0	202,5	235,0	235,0	520,0		2	77,63	Q	Q
	Karabo Manamela	Ind	73,15	Dec-99	-160,0	160,0	180,0	180,0		100,0	110,0	120,0	120,0		200,0	220,0	-225,0	220,0	520,0		3	76,80	Q	Q
	Sulaiman Motala	1610	73,40	May-92	160,0	165,0	170,0	170,0		105,0	112,5	-120,0	112,5		190,0	205,0	215,0	215,0	497,5		4	73,35	Q	Q
	Sechaba Mashinini	1610	72,50	May-03	145,0	157,5	170,0	170,0		92,5	97,5	102,5	102,5		175,0	190,0	-200,0	190,0	462,5		5	68,63	Q	
	Thabang Motloung	Yard	73,70	Mar-88	120,0	132,5	145,0	145,0		95,0	105,0	112,5	112,5		160,0	180,0	200,0	200,0	457,5		6	67,31	Q	
	Xander Nel	PP	72,65	Mar-04	140,0	155,0	167,5	167,5		80,0	90,0	-95,0	90,0		165,0	175,0	190,0	190,0	447,5		7	66,33	Q	
	Sonu Singh	Ind	73,35	Jul-04	140,0	150,0	155,0	155,0		80,0	90,0	-92,5	90,0		160,0	180,0	202,5	202,5	447,5		8	66,00	Q	
	Andrew Leisegang	1610	70,00	May-89	125,0	132,5	-145,0	132,5		100,0	-107,5	107,5	107,5		180,0	200,0	-210,0	200,0	440,0		9	66,50	Q	
	Avishai Eilim	Bull	71,95	May-04	120,0	130,0	140,0	140,0		95,0	100,0	105,0	105,0		157,5	165,0	-170,0	165,0	410,0		10	61,08		
	Kieren Herholdt	Ind	70,20	Oct-98	147,5	-152,5	-165,0	147,5		87,5	-95,0	-95,0	87,5		160,0	167,5	-175,0	167,5	402,5		11	60,74		
	Nardus Snyman	Ind	72,95	Mar-03	130,0	-140,0	140,0	140,0		70,0	75,0	80,0	80,0		-140,0	150,0	170,0	170,0	390,0		12	57,68		
	Gabriel Hore	Ind	66,01	Jun-06	107,5	117,5	-127,5	117,5		75,0	82,5	87,5	87,5		120,0	132,5	140,0	140,0	345,0		13	53,78		
	Dean Smit	Bull	71,50	Oct-04	-90,0	90,0	100,0	100,0		60,0	65,0	-67,5	65,0		130,0	140,0	150,0	150,0	315,0		14	47,08		
	Andrew Dunn	Ind	72,30	May-63	100,0	107,5	-115,0	107,5		60,0	65,0	67,5	67,5		125,0	135,0	140,0	140,0	315,0		15	46,81		
	Andrew Rindel	Bull	68,30	Sep-66	60,0	70,0	-80,0	70,0		40,0	45,0	50,0	50,0		90,0	100,0	105,0	105,0	225,0		16	34,45		
	Glen Van Der Linde	Ind	71,10	Mar-71	120,0	130,0	140,0	140,0		-107,5	0,0		0,0		0,0			0,0	0,0			0,00		
83	Arno Nieuwenhuizen	Bull	82,65	Dec-99	210,0	-230,0	230,0	230,0		120,0	130,0	0,0	130,0		260,0	280,0	0,0	280,0	640,0		1	88,78	Q	Q
	Jean Elie Mwamba	2	81,85	Feb-98	200,0	215,0	225,0	225,0		120,0	132,5	140,0	140,0		-240,0	-240,0	260,0	260,0	625,0		2	87,13	Q	Q

	Chad Govington	SoS	77,80	Dec-85	190,0	205,0	215,0	215,0		145,0	155,0	-160,0	155,0	227,5	240,0	252,5	252,5	622,5		3	89,06	Q	Q
	Jason Knowles	1610	82,20	Jul-97	215,0	230,0	235,0	235,0		125,0	135,0	137,5	137,5	225,0	237,5	250,0	250,0	622,5		4	86,59	Q	Q
	Luqmaan Abed	Ind	82,65	Nov-99	185,0	-195,0	197,5	197,5		125,0	132,5	-135,0	132,5	245,0	255,0	262,5	262,5	592,5		5	82,19	Q	Q
	Chris Forget	SoS	81,95	Nov-79	205,0	217,5	225,0	225,0		110,0	117,5	120,0	120,0	220,0	240,0	245,0	245,0	590,0		6	82,20	Q	Q
	Marlon Daniels	SoS	81,95	Nov-75	205,0	215,0	220,0	220,0		150,0	-157,5	-157,5	150,0	180,0	200,0	217,5	217,5	587,5		7	81,85	Q	Q
	Leereshen Gouden	Bull	80,60	Apr-90	185,0	195,0	-205,0	195,0		115,0	122,5	127,5	127,5	245,0	-255,0	257,5	257,5	580,0		8	81,49	Q	Q
	Grant O'Donoghue	1610	82,05	Aug-99	190,0	200,0	205,0	205,0		110,0	115,0	117,5	117,5	225,0	235,0	242,5	242,5	565,0		9	78,67	Q	Q
	Conrad Dippenaar	Ind	80,85	Jan-90	170,0	185,0	195,0	195,0		125,0	135,0	-140,0	135,0	210,0	225,0	0,0	225,0	555,0		10	77,86	Q	Q
	Nishalin Govender	Ind	79,00	May-92	170,0	180,0	190,0	190,0		100,0	110,0	-117,5	110,0	230,0	245,0	252,5	252,5	552,5		11	78,43	Q	Q
	Michael Huisamen	Bull	79,70	May-01	170,0	180,0	-190,0	180,0		110,0	120,0	130,0	130,0	200,0	220,0	240,0	240,0	550,0		12	77,72	Q	Q
	Tyler Osborn	Ind	79,30	Apr-99	172,5	185,0	192,5	192,5		120,0	-130,0	130,0	130,0	200,0	-215,0	220,0	220,0	542,5		13	76,86	Q	Q
	Darius Sangari	Yard	77,50	May-94	170,0	180,0	190,0	190,0		137,5	145,0	150,0	150,0	190,0	0,0	0,0	190,0	530,0		14	75,97	Q	
	Izak Kriel	Ind	79,85	Jun-05	-175,0	175,0	-180,0	175,0		-130,0	-135,0	135,0	135,0	180,0	200,0	-205,0	200,0	510,0		15	72,00	Q	
	Jonah Carr	Bull	81,10	Mar-05	150,0	167,5	172,5	172,5		100,0	110,0	115,0	115,0	170,0	195,0	-202,5	195,0	482,5		16	67,58	Q	
	Tyron Hore	Ind	77,10	Dec-03	-165,0	165,0	175,0	175,0		85,0	95,0	100,0	100,0	177,5	192,5	200,0	200,0	475,0		17	68,27	Q	
	Jonathan Kariv	Bar	76,50	Nov-83	165,0	0,0	0,0	165,0		125,0	135,0	145,0	145,0	150,0	0,0	0,0	150,0	460,0		18	66,38	Q	
	Dennis Barrett	Bar	79,75	Dec-89	150,0	160,0	165,0	165,0		95,0	102,5	110,0	110,0	170,0	185,0	-187,5	185,0	460,0		19	64,98	Q	
	Dylan Van Houten	PP	82,65	Apr-88	170,0	0,0	0,0	170,0		100,0	110,0	0,0	110,0	180,0	0,0	0,0	180,0	460,0		20	63,81	Q	
	Rishai Ramparsad	Bull	81,20	Jan-81	160,0	-170,0	170,0	170,0		90,0	100,0	105,0	105,0	160,0	-185,0	-185,0	160,0	435,0		21	60,89		
	Lebogang Msimanga	Yard	81,90	Feb-97	-135,0	140,0	-150,0	140,0		-95,0	105,0	-115,0	105,0	155,0	170,0	180,0	180,0	425,0		22	59,23		
	Connor Reynolds	1610	74,30	Oct-03	120,0	130,0	140,0	140,0		75,0	-85,0	85,0	85,0	170,0	180,0	185,0	185,0	410,0		23	60,07		
	Daniel Lacob	EMET	78,60	Dec-05	125,0	127,5	132,5	132,5		80,0	82,5	-87,5	82,5	145,0	155,0	-165,0	155,0	370,0		24	52,66		
	Yaniv Lacob	EMET	78,00	Dec-74	115,0	125,0	-130,0	125,0		105,0	-115,0	-115,0	105,0	110,0	120,0	-135,0	120,0	350,0		25	50,01		
	Benyomin Boshof	2	82,95	Jan-04	85,0	95,0	-105,0	95,0		45,0	52,5	55,0	55,0	145,0	160,0	-175,0	160,0	310,0		26	42,93		
	Gregory Flugel	SoS	81,85	Feb-54	85,0	95,0	-102,5	95,0		70,0	75,0	-80,0	75,0	105,0	122,5	130,0	130,0	300,0		27	41,82		
93	Archie Ayekpa	SoS	90,55	Apr-85	215,0	230,0	240,0	240,0		155,0	162,5	-167,5	162,5	240,0	260,0	-270,0	260,0	662,5		1	87,81	Q	Q
	Bandile Khuzwayo	Bull	91,20	Feb-90	200,0	220,0	230,0	230,0		120,0	130,0	-135,0	130,0	240,0	260,0	277,5	277,5	637,5		2	84,20	Q	Q
	Nkosinathi Ntuli	Bull	92,15	Aug-97	200,0	230,0	240,0	240,0		120,0	130,0	137,5	137,5	-240,0	-260,0	260,0	260,0	637,5		3	83,77	Q	Q
	Ryan Stopforth	Yard	92,85	May-85	180,0	200,0	210,0	210,0		130,0	140,0	147,5	147,5	190,0	210,0	230,0	230,0	587,5		4	76,92	Q	Q
	Calum Harding	Ind	92,80	Jun-98	-192,5	197,5	-205,0	197,5		132,5	140,0	-145,0	140,0	215,0	227,5	240,0	240,0	577,5		5	75,63	Q	Q
	Daniel Duke	Bull	92,60	Jul-00	170,0	185,0	190,0	190,0		150,0	160,0	-165,0	160,0	190,0	205,0	225,0	225,0	575,0		6	75,38	Q	Q
	Khotso Thekiso	1610	88,05	Jul-98	150,0	160,0	170,0	170,0		105,0	112,5	115,0	115,0	250,0	260,0	270,0	270,0	555,0		7	74,59	Q	
	Joshua Standers	Yard	91,00	Mar-94	160,0	180,0	190,0	190,0		135,0	145,0	-152,5	145,0	180,0	205,0	220,0	220,0	555,0		8	73,38	Q	
	Jordan Albertyn	Bull	90,65	Apr-04	170,0	185,0	200,0	200,0		90,0	100,0	105,0	105,0	200,0	220,0	235,0	235,0	540,0		9	71,53	Q	
	Johann Meyer	Bull	85,00	Aug-81	160,0	170,0	180,0	180,0		120,0	-130,0	-130,0	120,0	180,0	-212,5	215,0	215,0	515,0		10	70,44	Q	
	Gerhard Rabie	1610	87,70	May-92	160,0	165,0	175,0	175,0		105,0	110,0	117,5	117,5	200,0	220,0	-240,0	220,0	512,5		11	69,01	Q	
	Ross O'Donoghue	1610	90,50	Jun-01	140,0	155,0	165,0	165,0		105,0	112,5	117,5	117,5	200,0	215,0	220,0	220,0	502,5		12	66,62	Q	
	Ryan Miller	Bar	87,70	May-85	170,0	0,0	0,0	170,0		140,0	0,0	0,0	140,0	180,0	0,0	0,0	180,0	490,0		13	65,98	Q	
	Gaurav Lall	Ind	87,85	Apr-00	160,0	180,0	-190,0	180,0		100,0	110,0	-115,0	110,0	180,0	200,0	-220,0	200,0	490,0		14	65,93	Q	
	Jorncy Page	Bar	92,45	Sep-72	150,0	160,0	170,0	170,0		100,0	110,0	120,0	120,0	150,0	180,0	200,0	200,0	490,0		15	64,29	Q	
	Yohan Assous	SoS	89,70	Aug-76	150,0	-162,5	-162,5	150,0		100,0	110,0	117,5	117,5	200,0	-215,0	-215,0	200,0	467,5		16	62,25		
	Warren Du Toit	1610	87,70	Mar-84	130,0	145,0	-150,0	145,0		100,0	105,0	112,5	112,5	160,0	177,5	190,0	190,0	447,5		17	60,26		
	Alan Ridgard	1610	90,50	Mar-66	120,0	130,0	140,0	140,0		97,5	105,0	110,0	110,0	165,0	180,0	185,0	185,0	435,0		18	57,67		
	Jean-Pierre Blom	SoS	86,80	Aug-06	150,0	160,0	-167,5	160,0		95,0	100,0	-102,5	100,0	145,0	157,5	167,5	167,5	427,5		19	57,86		
	Jeff Du Toit	Ind	91,55	Mar-04	110,0	130,0	150,0	150,0		60,0	70,0	75,0	75,0	140,0	160,0	180,0	180,0	405,0		20	53,39		
105	Nick Duarte	SoS	97,95	Dec-95	200,0	215,0	220,0	220,0		165,0	-170,0	170,0	170,0	220,0	240,0	255,0	255,0	645,0		1	82,29	Q	Q
	Gerhard Fourie	Bar	96,05	Jan-97	200,0	220,0	240,0	240,0		150,0	155,0	157,5	157,5	210,0	230,0	245,0	245,0	642,5		2	82,75	Q	Q
	Christo Schoonraad	Bull	104,25	Mar-63	230,0	240,0	250,0	250,0		117,5	125,0	-130,0	125,0	230,0	255,0	265,0	265,0	640,0		3	79,28	Q	Q
	Liam Karovsky	Bull	98,20	Nov-01	200,0	215,0	230,0	230,0		120,0	130,0	140,0	140,0	240,0	260,0	-280,0	260,0	630,0		4	80,28	Q	Q
	Johnny Dam	SoS	101,30	Dec-69	190,0	205,0	217,5	217,5		145,0	155,0	162,5	162,5	210,0	230,0	-250,0	230,0	610,0		5	76,59	Q	Q

	Jerry Botha	1610	95,00	Nov-74	160,0	180,0	0,0	180,0		-135,0	135,0	145,0	145,0		235,0	-245,0	-245,0	235,0	560,0		6	72,51	Q	
	Conor Buck	Bull	102,85	Mar-04	190,0	207,5	212,5	212,5		97,5	107,5	110,0	110,0		210,0	230,0	-245,0	230,0	552,5		7	68,88	Q	
	Daniel Robertson	1610	97,55	Jan-94	160,0	170,0	180,0	180,0		125,0	-132,5	-132,5	125,0		200,0	215,0	230,0	230,0	535,0		8	68,39	Q	
	Dirko Smuts	Ind	102,00	Jul-93	200,0	0,0		200,0		130,0	150,0	165,0	165,0		170,0	0,0		170,0	535,0		9	66,96	Q	
	Josh Sass	EMET	105,00	Jun-03	160,0	180,0	-195,0	180,0		-115,0	115,0	-117,5	115,0		220,0	230,0	-240,0	230,0	525,0		10	64,82	Q	
	Malcolm Chadwick	1610	100,95	Apr-96	160,0	175,0	185,0	185,0		112,5	-122,5	-127,5	112,5		180,0	200,0	-222,5	200,0	497,5		11	62,57		
	Neal Goosen	Ind	100,70	Jan-03	165,0	175,0	180,0	180,0		100,0	102,5	105,0	105,0		175,0	185,0	195,0	195,0	480,0		12	60,44		
	Neil Pryce	Yard	96,35	Dec-71	135,0	145,0	155,0	155,0		100,0	107,5	115,0	115,0		175,0	185,0	195,0	195,0	465,0		13	59,80		
	Matthew Mcmenamin	Yard	98,55	Sep-04	150,0	-167,5	175,0	175,0		90,0	97,5	-105,0	97,5		155,0	170,0	190,0	190,0	462,5		14	58,84		
	Lucas Kleiner	1610	103,25	Dec-03	130,0	145,0	155,0	155,0		80,0	92,5	100,0	100,0		170,0	185,0	-195,0	185,0	440,0		15	54,75		
	Chris Da Costa	1610	95,35	Apr-82	-120,0	-120,0	120,0	120,0		95,0	105,0	115,0	115,0		155,0	170,0	185,0	185,0	420,0		16	54,28		
	Derek Hayden	Bull	100,10	Feb-68	120,0	-140,0	150,0	150,0		90,0	-100,0	-105,0	90,0		160,0	180,0	-192,5	180,0	420,0		17	53,03		
	Stephan Jacobsz	Ind	95,35	Apr-05	-100,0	100,0	130,0	130,0		75,0	90,0	0,0	90,0		120,0	140,0	-160,0	140,0	360,0		18	46,53		
	Chad Goldberg	2	105,00	Jan-07	80,0	90,0	100,0	100,0		70,0	-75,0	-77,5	70,0		120,0	135,0	-145,0	135,0	305,0		19	37,66		
120	Francois Maritz	Chaos	119,65	Mar-93	260,0	280,0	300,0	300,0		180,0	195,0	210,0	210,0		260,0	300,0	0,0	300,0	810,0	Best Open	1	94,28	Q	Q
	Brandon Bezuidenhout	Bull	113,85	Dec-93	200,0	220,0	0,0	220,0		160,0	170,0	0,0	170,0		250,0	270,0	280,0	280,0	670,0		2	79,72	Q	Q
	Derik Van Wyk	1610	112,75	Aug-86	235,0	245,0	252,5	252,5		-149,0	140,0	145,0	145,0		230,0	240,0	247,5	247,5	645,0		3	77,08	Q	Q
	Nick Da Luz	Ind	120,00	Jul-76	200,0	220,0	230,0	230,0		140,0	150,0	160,0	160,0		220,0	240,0	255,0	255,0	645,0		4	74,98	Q	Q
	Hermanus De Beer	Ind	116,15	Apr-70	180,0	200,0	-220,0	200,0		125,0	135,0	145,0	145,0		250,0	270,0	290,0	290,0	635,0		5	74,88	Q	
	Edlyn Serge	Bull	114,95	Mar-84	180,0	200,0	215,0	215,0		140,0	150,0	155,0	155,0		200,0	230,0	250,0	250,0	620,0		6	73,45	Q	
	Koos Du Toit	Ind	114,60	Mar-73	180,0	-200,0	210,0	210,0		130,0	140,0	-145,0	140,0		240,0	260,0	-270,0	260,0	610,0		7	72,37	Q	
	Newton Mudau	1610	114,95	Apr-81	200,0	215,0	225,0	225,0		145,0	155,0	-162,5	155,0		165,0	185,0	205,0	205,0	585,0		8	69,31	Q	
	Taariq Osman	Bull	115,40	Jan-05	200,0	220,0	230,0	230,0		105,0	-115,0	120,0	120,0		210,0	230,0	-245,0	230,0	580,0		9	68,59	Q	
	Denis Bensch	Bull	118,70	Dec-65	180,0	200,0	215,0	215,0		120,0	-130,0	130,0	130,0		190,0	215,0	220,0	220,0	565,0		10	65,99	Q	
	Jordan Kaplan	SoS	111,80	Sep-00	190,0	205,0	-210,0	205,0		110,0	117,5	122,5	122,5		200,0	212,5	220,0	220,0	547,5		11	65,68	Q	
	Dries Du Plessis	Bull	115,10	Jan-77	165,0	175,0	180,0	180,0		135,0	140,0	142,5	142,5		200,0	-225,0	225,0	225,0	547,5		12	64,83	Q	
	John Crain	EMET	116,70	Dec-69	150,0	-180,0	-180,0	150,0		150,0	160,0	-165,0	160,0		220,0	235,0	-245,0	235,0	545,0		13	64,14	Q	
120+	Matt Bekker	1610	132,30	Apr-94	240,0	260,0	272,5	272,5		170,0	180,0	185,0	185,0		270,0	300,0	310,0	310,0	767,5		1	85,60	Q	Q
	Abel Moodley	Bull	125,80	Aug-92	270,0	280,0	290,0	290,0		140,0	150,0	162,5	162,5		272,5	280,0	-292,5	280,0	732,5		2	83,44	Q	Q
	Simon Breetzke	1610	132,50	Jun-78	235,0	250,0	260,0	260,0		180,0	-190,0	-190,0	180,0		215,0	222,5	235,0	235,0	675,0		3	75,24	Q	Q
	Shawn Marx	Bull	132,40	Aug-92	230,0	240,0	-250,0	240,0		140,0	150,0	-152,5	150,0		250,0	270,0	-285,0	270,0	660,0		4	73,59	Q	Q
	Adam Stein	2	128,95	Nov-87	175,0	190,0	195,0	195,0		130,0	140,0	145,0	145,0		200,0	215,0	225,0	225,0	565,0		5	63,69	Q	
	Werner Koekemoer	Bull	189,00	Dec-76	180,0	-190,0	190,0	190,0		140,0	150,0	160,0	160,0		157,5	190,0	210,0	210,0	560,0		6	54,91	Q	
	Ian Furman	GMBC	131,45	Jun-67	150,0	165,0	175,0	175,0		187,5	195,0	202,5	202,5		150,0	0,0		150,0	527,5		7	58,99		
Master 1																								
83	Chris Forget	SoS	81,95	Nov-79	205,0	217,5	225,0	225,0		110,0	117,5	120,0	120,0		220,0	240,0	245,0	245,0	590,0	Best M1	1	82,20	Q	Q
	Marlon Daniels	SoS	81,95	Nov-75	205,0	215,0	220,0	220,0		150,0	-157,5	-157,5	150,0		180,0	200,0	217,5	217,5	587,5		2	81,85	Q	Q
	Rishal Ramparsad	Bull	81,20	Jan-81	160,0	-170,0	170,0	170,0		90,0	100,0	105,0	105,0		160,0	-185,0	-185,0	160,0	435,0		3	60,89	Q	Q
	Yaniv Labob	EMET	78,00	Dec-74	115,0	125,0	-130,0	125,0		105,0	-115,0	-115,0	105,0		110,0	120,0	-135,0	120,0	350,0		4	50,01		
93	Johann Meyer	Bull	85,00	Aug-81	160,0	170,0	180,0	180,0		120,0	-130,0	-130,0	120,0		180,0	-212,5	215,0	215,0	515,0		1	70,44	Q	Q
	Yohan Assous	SoS	89,70	Aug-76	150,0	-162,5	-162,5	150,0		100,0	110,0	117,5	117,5		200,0	-215,0	-215,0	200,0	467,5		2	62,25	Q	Q
105	Jerry Botha	1610	95,00	Nov-74	160,0	180,0	0,0	180,0		-135,0	135,0	145,0	145,0		235,0	-245,0	-245,0	235,0	560,0		1	72,51	Q	Q
	Chris Da Costa	1610	95,35	Apr-82	-120,0	-120,0	120,0	120,0		95,0	105,0	115,0	115,0		155,0	170,0	185,0	185,0	420,0		2	54,28		
120	Nick Da Luz	Ind	120,00	Jul-76	200,0	220,0	230,0	230,0		140,0	150,0	160,0	160,0		220,0	240,0	255,0	255,0	645,0		1	74,98	Q	Q
	Koos Du Toit	Ind	114,60	Mar-73	180,0	-200,0	210,0	210,0		130,0	140,0	-145,0	140,0		240,0	260,0	-270,0	260,0	610,0		2	72,37	Q	Q
	Newton Mudau	1610	114,95	Apr-81	200,0	215,0	225,0	225,0		145,0	155,0	-162,5	155,0		165,0	185,0	205,0	205,0	585,0		3	69,31	Q	Q

	Dries Du Plessis	Bull	115,10	Jan-77	165,0	175,0	180,0	180,0		135,0	140,0	142,5	142,5		200,0	-225,0	225,0	225,0	547,5		4	64,83	Q	Q
120+	Simon Breetzke	1610	132,50	Jun-78	235,0	250,0	260,0	260,0		180,0	-190,0	-190,0	180,0		215,0	222,5	235,0	235,0	675,0		1	75,24	Q	Q
	Werner Koekemoer	Bull	189,00	Dec-76	180,0	-190,0	190,0	190,0		140,0	150,0	160,0	160,0		157,5	190,0	210,0	210,0	560,0		2	54,91	Q	Q
Master 2																								
74	Andrew Dunn	Ind	72,30	May-63	100,0	107,5	-115,0	107,5		60,0	65,0	67,5	67,5		125,0	135,0	140,0	140,0	315,0		1	46,81		
	Andrew Rindel	Bull	68,30	Sep-66	60,0	70,0	-80,0	70,0		40,0	45,0	50,0	50,0		90,0	100,0	105,0	105,0	225,0		2	34,45		
	Glen Van Der Linde	Ind	71,10	Mar-71	120,0	130,0	140,0	140,0		-107,5	0,0		0,0		0,0			0,0	0,0			0,00		
93	Jorncy Page	Bar	92,45	Sep-72	150,0	160,0	170,0	170,0		100,0	110,0	120,0	120,0		150,0	180,0	200,0	200,0	490,0		1	64,29	Q	Q
	Alan Ridgard	1610	90,50	Mar-66	120,0	130,0	140,0	140,0		97,5	105,0	110,0	110,0		165,0	180,0	185,0	185,0	435,0		2	57,67	Q	Q
105	Christo Schoonraad	Bull	104,25	Mar-63	230,0	240,0	250,0	250,0		117,5	125,0	-130,0	125,0		230,0	255,0	265,0	265,0	640,0	Best M2	1	79,28	Q	Q
	Johnny Dam	SoS	101,30	Dec-69	190,0	205,0	217,5	217,5		145,0	155,0	162,5	162,5		210,0	230,0	-250,0	230,0	610,0		2	76,59	Q	Q
	Neil Pryce	Yard	96,35	Dec-71	135,0	145,0	155,0	155,0		100,0	107,5	115,0	115,0		175,0	185,0	195,0	195,0	465,0		3	59,80	Q	Q
	Derek Hayden	Bull	100,10	Feb-68	120,0	-140,0	150,0	150,0		90,0	-100,0	-105,0	90,0		160,0	180,0	-192,5	180,0	420,0		4	53,03		
120	Hermanus De Beer	Ind	116,15	Apr-70	180,0	200,0	-220,0	200,0		125,0	135,0	145,0	145,0		250,0	270,0	290,0	290,0	635,0		1	74,88	Q	Q
	Denis Bensch	Bull	118,70	Dec-65	180,0	200,0	215,0	215,0		120,0	-130,0	130,0	130,0		190,0	215,0	220,0	220,0	565,0		2	65,99	Q	Q
	John Crain	EMET	116,70	Dec-69	150,0	-180,0	-180,0	150,0		150,0	160,0	-165,0	160,0		220,0	235,0	-245,0	235,0	545,0		3	64,14	Q	Q
120+	Ian Furman	GMBC	131,45	Jun-67	150,0	165,0	175,0	175,0		187,5	195,0	202,5	202,5		150,0	0,0		150,0	527,5		1	58,99	Q	Q
Master 3																								
83	Gregory Flugel	SoS	81,85	Feb-54	85,0	95,0	-102,5	95,0		70,0	75,0	-80,0	75,0		105,0	122,5	130,0	130,0	300,0	Best M3	1	41,82	Q	Q
EQUIPPED POWERLIFTING WOMEN	Name	Team	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	PL Total		Place	IPF GL Points		
Open																								
57	Carol Anthony	SoS	55,55	May-66	105,0	115,0	122,5	122,5		50,0	55,0	57,5	57,5		105,0	125,0	-135,0	125,0	305,0	Best Open	1	59,43		Q
Master 2																								
57	Carol Anthony	SoS	55,55	May-66	105,0	115,0	122,5	122,5		50,0	55,0	57,5	57,5		105,0	125,0	-135,0	125,0	305,0	Best M2	1	59,43		Q
EQUIPPED POWERLIFTING MEN	Name	Team	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	PL Total		Place	IPF GL Points		
Open																								
83	Carel Jansen	SoS	81,95	Jun-76	155,0	170,0	180,0	180,0		115,0	122,5	127,5	127,5		200,0	222,5	230,0	230,0	537,5		1	62,53		
105	Johnny Dam	SoS	101,80	Dec-69	200,0	220,0	-240,0	220,0		170,0	180,0	190,0	190,0		210,0	230,0	-245,0	230,0	640,0	Best Open	1	66,36		Q
Master 1																								
83	Carel Jansen	SoS	81,95	Jun-76	155,0	170,0	180,0	180,0		115,0	122,5	127,5	127,5		200,0	222,5	230,0	230,0	537,5	Best M1	1	62,53		Q
Master 2																								
105	Johnny Dam	SoS	101,80	Dec-69	200,0	220,0	-240,0	220,0		170,0	180,0	190,0	190,0		210,0	230,0	-245,0	230,0	640,0	Best M2	1	66,36		Q